



## MEDICAL AESTHETICS

HINGHAM | EASTON | MILTON

## CHEMICAL PEEL PRE/POST TREATMENT

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### BEFORE CHEMICAL PEEL:

Extended direct sun exposure including tanning beds are strictly prohibited before and after receiving the VI PEEL®.

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### WHAT TO EXPECT AFTER A CHEMICAL PEEL TREATMENT:

Skin may appear slightly redder than usual for about 1-2 hours after the treatment. If neck and decollete are treated, the redness might last slightly longer.

- Mild edema can last up to 1 hour.
  - You may experience mild flaking to visible peeling
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### AFTER CARE:

- Wait until bedtime before washing the face. Cleanse with a gentle, soap-free cleanser. Do not scrub and/or use a wash cloth.
  - Moisturize with a product recommended by your provider while the skin is peeling to relieve dryness.
  - Avoid strenuous exercise on the day of the treatment.
  - Apply daily sun protection with a minimum SPF of 30 in the AM and throughout the day. Avoid direct sunlight for at least a week.
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### 4-5 DAYS AFTER PROCEDURE:

- The regular use of Retin-A, alpha hydroxy (AHA) products or bleaching creams can be resumed after 4-5 days.
- Wait until skin sensitivity and all flaking and or peeling resolves before having ANY OTHER FACIAL PROCEDURES, including: facials, facial hair removal, microdermabrasion, Neurotoxin injections, laser treatments (including hair removal) and injectable fillers.