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SCULPTRA® PRE/POST TREATMENT

WHAT TO EXPECT AFTER A SCULPTRA® TREATMENT:

• Massage the treated area for 5 minutes 3-4 times a day for 5 days after treatment. This will increase collagenesis and results of treatment.

- Do not wear makeup for 24 hours after procedure
- No straining, heavy lifting, or vigorous exercise for 24 hours after procedure
- No excessive sun or heat exposure or exposure to extreme cold (icing) for 24 hours after procedure.
- Treated areas may be red, swollen, and bruised for the first 2-7 days.
- If bruising occurs, continue Arnica supplements, DO apply topical Arnica gel, drink fresh pineapple juice, and/or take Bromelain supplements to help bruising resolve faster.

• A few days after treatment, you will look as you did before treatment. This is normal, over time, Sculptra will replace lost collagen.

- Visible results may not be seen until 2-3 sessions have been completed.
- Results can last more than two years.

Call your provider if you have any questions or concerns after treatment. Also, report any side effects to your provider.

If you had a positive experience, please leave us a google review :)