

# PRP FACIAL, PRP INJECTIONS & PRP HAIR RESTORATION PRE/POST TREATMENT

### PRP FACIAL:

#### PRE-TREATMENT

- Avoid active ingredients such as acids, astringents, retinoids or topical prescriptions 2 days prior to treatment.
- Increase hydration levels prior to appointment.

### POST-TREATMENT

- Moderate redness can be expected. This will resolve in 2-3 days.
- Increased sensitivity and tightness will subside in 2-24 hours.
- Keep the skin well hydrated for 2 days with the product your practitioner recommends.
- Avoid active ingredients such as acids, astringents, retinoids or topical prescriptions for 3-4 days.
- Avoid extreme activity & perspiration for 2-3 days.
- Avoid direct sun exposure for 5-7 days.
- Avoid sunless tans for 7-14 days.
- Always wear sunblock during the day
- Avoid using makeup brushes for 1 week after treatment

# PRP INJECTIONS:

#### PRE-TREATMENT

- Avoid active ingredients such as acids, astringents, retinoids or topical prescriptions 2 days prior to treatment.
- Increase hydration levels prior to appointment.

#### POST-TREATMENT

- Moderate redness can be expected. This will resolve in 2-3 days.
- Increased sensitivity and tightness will subside in 2-24 hours.
- Keep the skin well hydrated for 2 days with the product your practitioner recommends.
- Avoid active ingredients such as acids, astringents, retinoids or topical prescriptions for 3-4 days.
- Avoid extreme activity & perspiration for 2-3 days.
- Avoid direct sun exposure for 5-7 days.
- Avoid sunless tans for 7-14 days.
- Always wear sunblock during the day
- Avoid using makeup brushes for 1 week after treatment

#### PRP HAIR RESTORATION:

## PRE-TREATMENT

- Avoid active ingredients such as acids, astringents, retinoids or topical prescriptions 2 days prior to treatment.
- Increase hydration levels prior to appointment.

#### **POST-TREATMENT:**

- Scalp may remain red for 12-36 hours.
- Scalp may feel warm and tight for several hours after procedure.
- Do not subject your hair to dye, salon Keratin treatments or perms for 2 weeks after PRP injections.
- Avoid working out, sauna, steam room, very hot showers and direct heat for 24 hours.
- You may rinse with plain water tonight if desired.
- You may resume normal shampooing routine tomorrow.
- Protect your treated area from the sun after treatments (and always).

IN CASE OF AN EMERGENCY, CALL 911